



# GROW DEEP

## “Psalm 90:9–12 — “Teach us to number our days...”

### 1.) Treasure Your Time

Time is a gift from God, limited and precious. Scripture reminds us that life is brief—like a shadow, a vapor, a passing breath. Treasuring time means living with awareness, purpose, and gratitude. Ancient time-keeping tools—sundials, water clocks, candles, sand, mechanical clocks—remind us that every moment slips away. And Scripture’s sober reminder, “That Life is a Vapor,” calls us to live wisely before God. Supporting Verses: • Psalm 39:4–5 • James 4:14 • Job 14:5 • Psalm 144:4 • Ecclesiastes 3:1–8 • Colossians 4:5; Grow deeper:

- What habits or distractions keep you from treasuring the time God has given you?

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- How would your priorities shift if you lived each day with eternity in view?

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### 2.) Invest Your Time

God calls us to invest our time intentionally—in ministry, in family, and in spiritual growth. Jesus modeled this perfectly: He stayed with the Samaritans long enough for many to believe, and He rose early to pray despite constant demands. Time invested in people and in God’s presence always produces eternal fruit.: • John 4:40–42 (Ministry) • Galatians 6:9–10 (Ministry) • Deuteronomy 6:6–7 (Family) • Ephesians 6:4 (Family) • Mark 1:35–37 (Spiritual) • Psalm 1:1–3 (Spiritual); Grow deeper:

- Where is God prompting you to invest more intentional time—ministry, family, or spiritual growth?

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- What small, consistent time investments could produce long-term spiritual fruit?

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### 3.) Manage Your Time

Time management is not merely organization—it is stewardship. Scripture calls us to walk wisely, redeeming the time because the days are evil. Managing time means aligning our schedule with God’s will, setting boundaries, and choosing what matters most. Wise time management is worship: • Ephesians 5:15–16

- Proverbs 16:3 • Proverbs 21:5 • Psalm 37:23 • 1 Corinthians 14:40 • Luke 14:28; Grow deeper:

- What changes could help you better steward your time for God’s purposes?

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- Which commitments or habits need to be reordered—or removed—to honor God with your time?

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### 4.) Enjoy Your Time

God not only commands us to work wisely—He invites us to enjoy the good gifts He provides. Joy is not worldly indulgence but grateful enjoyment of God’s blessings. Scripture teaches that enjoying life, family, food, and labor is a gift from God. And the greatest joy of all is responding to God’s call today—the accepted time of salvation: • Ecclesiastes 5:18–19 • 1 Timothy 6:17 • Psalm 118:24 • Ecclesiastes 2:24–25 • John 10:10 • 2

Corinthians 6:2; Grow deeper:

- How can you cultivate joy in the ordinary moments God gives you each day?

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- What blessings has God given you that you may be overlooking or taking for granted?

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